

INDIAN
MEADOW
HERBALS

Creams and Medicinals

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May 6, 1999

Dear Dr. Elizabeth Yetley,

In accordance with DSHEA, I am reporting to the FDA the structure/function claims that will appear on our liquid herbal extracts' labels. IMH has obtained third party substantiation through the research department of the Herb Research Foundation, Boulder, CO.

Echinacea purpurea – Helps support immune system function and the body's natural defenses.

Stinging Nettles (Urtica dioica) – Helps support healthy liver and sinus function.

Chaste Tree Berry (Vitex agnus-castus) – Helps support healthy progesterone balance.

Motherwort (Leonurus cardiaca) – Helps support healthy nervous system function.

Black Cohosh (Cimicifuga racemosa) – Helps support healthy hormonal balance and reproductive function.

Thank you for your time and attention.

Sincerely,

Roseanna R. Rich

97S - 0162

Nancy Lowry
Organic Grower

Roseanna R. Rich, R.N., M.S.N.
Certified Herbalist

LET 3610